



Long Sutton Primary School
Overview of PE (EYFS and KS1)

	Autumn Term		Spring Term		Summer Term	
Nursery	Introduction to PE (Unit 1)	Dance (Unit 1)	Introduction to PE (Unit 2)	Gymnastics (Unit 1)	Games (Unit 1)	Fundamentals (Unit 1)
Reception	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Dance (Unit 2)	Gymnastics (Unit 2)	Ball Skills (Unit 1)	Games (Unit 2)
Year 1	Fundamentals Ball Skills	Dance Sending and Receiving	Team Building Target Games	Fitness Gymnastics	Athletics Net and Wall Games	Striking and Fielding Invasion Games
Year 2	Fundamentals Ball Skills	Dance Sending and Receiving	Team Building Gymnastics	Fitness Target Games	Athletics Net and Wall Games	Striking and Fielding Invasion Games

Be A Star!

Strength Teamwork Ambition Respect



Long Sutton Primary School
Overview of PE (KS2)

	Autumn Term		Spring Term		Summer Term	
Year 3	Swimming Fundamentals Y3/4 Ball Skills Y3/4	Swimming Tag Rugby Netball	Swimming Dance Netball	Swimming Gymnastics Basketball	Swimming Basketball Athletics	Cricket Tennis
Year 4	Dance Hockey	Dodgeball Football	Gymnastics Handball	Fitness OAA	Athletics Tennis	Cricket
Year 5	Tag Rugby Netball	Badminton Y5/6 Dance	Gymnastics Yoga	Fitness Basketball	Tennis Athletics	Golf Rounders
Year 6	Hockey Football	OAA Volleyball Y5/6	Dodgeball Gymnastics	Cricket Handball	Tennis Athletics	Rounders Dance Swimming Catch Up

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